CLIENT NAME:       CASE NUMBER:

**HIGH RISK INDEX:** A guide to determining persistent risk level (e.g. mild, moderate, severe) apart from immediate risk indicators. **\*** Indicates a particularly **SEVERE RISK FACTOR**.

**Demographic and historical factors:**

High risk demographic factors (age, gender, race, social status) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Sexual orientation or gender identity issues [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Suicide of 1st degree relative [ ]  No [ ] Yes [ ] Refuse/Cannot Assess

**\***Access to firearms or lethal means [ ]  No [ ] Yes [ ] Refuse/Cannot Assess

**Comments**:

**Trauma exposure and/or major life stress:**

Witness of suicide [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Military/veteran [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Recent (under 1 year) return from combat zone [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Stressful caretaking role [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Law enforcement (past or present employment) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Recent/ongoing victimization –commercial sex exploitation, sexual abuse, [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

 incest, physical abuse, domestic violence, bullying, or other assault

**\***Recent and unresolved major loss (people, employment, shelter, pets) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Catastrophic legal or financial problems - (Recent, within approx. 3 mos.) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Release from criminal custody – (Recent, within 3 months) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**Comments**:

**Clinical and/or social history:**

Discharge from 24 hour program (hospital, IMD, START, residential [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

 treatment, etc.) – (Recent, within 3 months)

**\***Alcohol/drug residential treatment failure – (Recent, within 3 months) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Anniversary of important loss, Date:       [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Health deterioration of self or significant others – (Recent, within 3 months) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Gravely disabled – (Recent, within approximately 3 months) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Current extreme social isolation (real or perceived) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Immigration/refugee issues [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Justice system involvement (past or present) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Current gang exposure or involvement [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Homelessness or imminent risk thereof [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Previous attempts to harm self/others [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Experience in handling firearms [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Documented eating disorder [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Sleeplessness [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Psychomotor agitation [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Panic attacks [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess
Guilt or worthlessness [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Frequent and/or uncontrollable rage [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**\***Impulse control problem [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Substance abuse relapse – (Recent, within 3 months) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Co-occurring mental and substance abuse disorder [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Current abuse or misuse of drugs and other substances [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Significant change in mood – (Recent, within approx. 3 mos.) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**Comments**:

**High risk behaviors:**

**\***Anti-social behavior – (Recent, within approx. 3 mos.) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Acts of property damage – (Recent, within approx. 3 mos.) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Risk taking or self-destructive acts [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Documented borderline, anti-social, or other personality disorder [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**Comments**:

**PROTECTIVE FACTORS**

Strong religious, cultural, or inherent values for prohibition [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

 on hurting self/others

Strong social support system [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Positive planning for future [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Engages in treatment [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Valued care giving role (people or pets) [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

Strong attachment/responsibility to others [ ]  No [ ] Yes [ ]  Refuse/Cannot Assess

**Comments**:

**Persistent risk level based upon comprehensive review of high risk index and protective factors:**

[ ]  Low – no immediate plan required.

[ ]  Medium – consider enhanced suicide/violence/homicide precautions and/or efforts to transfer to higher level of care. Consult, collaborate and document.

[ ]  High – consider enhanced suicide/violence/homicide precautions and/or efforts to transfer to higher level of care. Consult, collaborate and document.

**Comments**:

For all unlicensed staff, documentation of a consultation is strongly suggested for Medium and High risk levels identified. For trainees specifically, review with supervisor should occur prior to end of session.

Signature of Staff or Clinician Requiring Co-Signature: Date:

Signature of Staff or Clinician Completing/Accepting Assessment: Date: