

# PATIENT MEDICATION AGREEMENT

for Painkillers, Anxiety Medication, Stimulants, and all Controlled Substances

You are being prescribed a medicine that has many risks. The medicine also has special laws that the doctor and patient must follow.

It is important that you follow all these instructions, EXACTLY.

- These medicines are dangerous. They can cause serious health problems, including death, even if taken as prescribed. They are also addicting.**
- You should get your medicine from only ONE provider and ONE pharmacy. This helps prevent side effects and overdoses.**
- Take the medication only as you are told. Do not take more medicine than you are prescribed. They need to last you until your next appointment. Your medicine is only for you. Do not share your medicine. Do not allow others to use your medicines. Do not sell or trade your medicines.**
- Keep your medications secure. We recommend locking them. Lost or stolen medication means others are in danger.**
- All emergency departments in San Diego and Imperial Counties have stated that they will not prescribe these medications if you lose them or feel you need more.**
- The dangers of the medicine are greater with anything that makes you sleepy. Mixing your medicine with alcohol, street drugs, sleeping pills, or other drugs can make you sick or die.**
- Do not drive a car or do dangerous activities if you are not fully alert when on these medicines.**
- Your treatment will be monitored in different ways. You may be asked to do a drug test. You may be asked to show your pills. The State of California tracks your prescriptions.**
- If your provider feels that your medicine is not helping, the medicine will be stopped. You will be treated with other methods.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Physician, NP or PA Signature

Date: \_\_\_\_\_



COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY

 **LIVE WELL**  
SAN DIEGO



 **San Diego County Medical Society**  
"Physicians United for a Healthy San Diego"



**HOSPITAL ASSOCIATION**  
of San Diego and Imperial Counties  
ADVOCATES FOR ACCESS TO HEALTH CARE FOR ALL CALIFORNIANS