

# YOUTH ASSESSMENT INDEX ver. 4.0c

(Sponsored by: QuickStart Systems, Inc.)

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Remember: This is an interview, not a test.

Call QuickStart Systems at (214)342-9020 for:

- Free copies of the Youth Assessment Index
- Free copies of the Clinical/Training ASI
- The Easy-YAI software, and
- Other Treatment Tracking Software.

## INTRODUCING THE YAI:

Eight potential problem areas:

Current living situation, Legal, Medical, Family Relationships, Education/Work, Drug/Alcohol, Psycho/Social Adjustment, and Personal Relationships. All clients receive this same standard interview. All information gathered is confidential.

There are two time periods we will discuss:

- 0 - Has never occurred
- 1 - Occurred more than 30 days ago
- 2 - Occurred the last 30 days
- 3 - Occurred during and before the last 30 days

Client Input:

Client input is important. For each area, I will ask you to let me know how bothered you have been by any problems in each section. I will also ask you how important counseling is to you for the area being discussed. The response to these questions will be a yes or no.

If you are uncomfortable giving an answer, then don't answer. Please do not give inaccurate information! Remember: This is an interview, not a test.

## INTERVIEWER INSTRUCTIONS:

Leave no blanks.

Make plenty of Comments (if another person reads this YAI, they should have a relatively complete picture of the client's perceptions of his/her problems).

3. X = Question not answered.
4. N = Question not applicable.
5. Privately interview the youth about drug and alcohol use and personal relationships unless parents are reluctant or unwilling to leave.

**HALF TIME RULE:** If a question is interested in the number of months, round up periods of 14 days or more to 1 month. If the question is only interested in the number of years, round up 6 months or more to 1 year.

## ALCOHOL/DRUG USE INSTRUCTIONS:

The following questions look at two time periods: the past 30 days and lifetime. Lifetime refers to the time prior to the last 30 days.

- > 30 day questions only require the number of days used.
- > Lifetime use is asked to determine extended periods of use.
- > How to ask these questions:
  - > How many days in the past 30 have you used....?
  - > How many years in your life have you regularly used....?
- > Use 99 percent to represent number of times used is one hundred or more

- 01 = Family /Friend
- 05 = Self Referral
- 06 = Employer
- 07 = School
- 09 = Technician Alternatives to Street Crime (TASC)
- 32 = Physician
- 33 = Council on alcohol and Drug Abuse
- 34 = Employee Assistance Program (EAP)
- 37 = Clergy
- 38 = Texas Rehabilitation Commission (TRC)
- 39 = Court Commitment
- 40 = Texas Dept. of Human Services (DPW, DHR)
- 41 = Substitute for Foster Care
- 50 = State Hospital Outreach Program
- 51 = AA, NA, Alanon, Alateen, Other Peer Support
- 52 = Community MHMR Center
- 53 = Other Non-Residential Program
- 60 = State Hospital
- 61 = Other Hospital
- 62 = Halfway House - Intermediate Care
- 63 = Long Term Care
- 64 = Non-Hospital Detox Facility
- 65 = Other Residential Program
- 70 = Police
- 71 = Probation (non-DWI)
- 72 = Probation (DWI)
- 73 = Parole
- 74 = Other Law Enforcement
- 75 = Texas Youth Commission
- 76 = TDJC/ID
- 77 = TAIP
- 78 = City/County Jail
- 80 = Other Individual
- 81 = Other Community Agency(not treatment, not law enforcement)

## LIST OF COMMONLY USED DRUGS:

- |                |   |
|----------------|---|
| Alcohol:       | Beer, wine, liquor  |
| Methadone:     | Dolophine, LAAM   |
| Opiates:       | Pain killers = Morphine, Dilaudid, Demerol, Percocet, Darvon, Talwin, Codeine, Tylenol 2,3,4, Syrups = Robitussin, Fentanyl                   |
| Barbiturates:  | Nembutal, Seconal, Tuinol, Amytal, Pentobarbital, Secobarbital, Phenobarbital, Fiorinol   |
| Sed/Hyp/Tranq: | Benzodiazepines = Valium, Librium, Ativan, Serax<br>Tranxene, Dalmane, Halcion, Xanax, Miltown,<br>Other = ChloralHydrate (Noctex), Quaaludes |
| Cocaine        | Cocaine Crystal, Free-Base Cocaine or "Crack", and "Rock Cocaine"   |
| Amphetamines:  | Monster, Crank, Benzedrine, Dexedrine, Ritalin, Preludin, Methamphetamine, Speed, Ice, Crystal,   |
| Cannabis:      | Marijuana, Hashish  |
| Hallucinogens: | LSD(Acid), Mescaline, Mushrooms(Psilocybin), Peyote, Green, PCP (Phencyclidine), Angel Dust, Ecstasy  |
| Inhalants:     | Nitrous Oxide, Amyl Nitrate (Whippets, Poppers), Glue, Solvents, Gasoline, Toluene, Etc.  |
- Just note if these are used:
- Antidepressants,
  - Ulcer Meds = Zantac, Tagamet
  - Asthma Meds = Ventoline Inhaler, Theodur
  - Other meds = Antipsychotics, Lithium

Source or referral:



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- 2. Group Home
- 3. Prison

5. Hospital-Based Program

- 2=Divorced
- 3=Separated (married, not living together nor incarcerated)

6=Mother Deceased

**2. With whom do you live (current caretakers)?**

- |                             |                   |
|-----------------------------|-------------------|
| 1=Both Parents              | 7=Institution     |
| 2=Mother Only               | 8=Alone           |
| 3=Father Only               | 9=other           |
| 4=Mother & Stepfather       | 0=Other Relatives |
| 5=Father & Stepmother       | A=Friends         |
| 6=Substitute or Foster Care |                   |

3b. If either parent(s) is (are)  Mother  
deceased, how old were   
you at the time of their death:  Father

**3a. Current marital status of natural parents:**

- |                               |                   |
|-------------------------------|-------------------|
| 0=Never Married               | 4=Both Deceased   |
| 1=Married and living together | 5=Father Deceased |

3c. Who has custody if parents are divorced/separated?   
N=N/A, Not divorced/separated      3=Mother      6=Other  
1=N/A, Youth is over 18      4=Other Individual  
2=Father      5=Institution

**4. HEAD OF HOUSEHOLD:**

a. Name: \_\_\_\_\_  
b. Relationship: \_\_\_\_\_  
c. Address: \_\_\_\_\_

c. Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

d. Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
e. Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

d. Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
e. Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

f. Social Security #:

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g. Current employment Status:   
1=Unemployed, has not sought employment in the last 30 days  
2=Unemployed, has sought employment in last 30 days  
3=Part-Time (less than 35 hours/week)  
4=Full- Time (35 or more hours/week)

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2=Unemployed, has sought employment in last 30 days  
3=Part-Time (less than 35 hours/week)  
4=Full- Time (35 or more hours/week)

**<<if working>>**

**<<if working>>**

h. Occupation: \_\_\_\_\_  
i. Employer: \_\_\_\_\_  
j. Address: \_\_\_\_\_

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i. Employer: \_\_\_\_\_  
j. Address: \_\_\_\_\_

k. (\_\_\_\_) (\_\_\_\_) (\_\_\_\_) (\_\_\_\_) Hours: \_\_\_\_:\_\_\_\_ - \_\_\_\_:\_\_\_\_  
Work Phone From To

k. (\_\_\_\_) (\_\_\_\_) (\_\_\_\_) (\_\_\_\_) Hours: \_\_\_\_:\_\_\_\_ - \_\_\_\_:\_\_\_\_  
Work Phone From To

**<<If not working>>**

**<<If not working>>**

l. Primary reason for no paid employment   
0=Cannot find a job      5=Not interested in working  
1=Unable to work for health reasons      6=Lack of transportation  
2=unable to keep job due to substance abuse problems      7=Lack of job skills  
3=Needed at home to work or take care of other family members      8=Retired  
4=Attending School      9=Other  
N=Not applicable (employed)

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N=Not applicable (employed)

m. Income:      Pension: \$ \_\_\_\_\_  
Employment: \$ \_\_\_\_\_      Family: \$ \_\_\_\_\_  
Public Assistance: \$ \_\_\_\_\_      Illegal: \$ \_\_\_\_\_  
Disability: \$ \_\_\_\_\_

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Employment: \$ \_\_\_\_\_      Family: \$ \_\_\_\_\_  
Public Assistance: \$ \_\_\_\_\_      Illegal: \$ \_\_\_\_\_  
Disability: \$ \_\_\_\_\_

n. Marital status of Head of Household:  
0=Never Married      3=Separated(married, not living together nor incarcerated)  
1=Married and living together      4=Deceased  
2=Divorced

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o. Highest Grade Completed:

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**OTHER PRIMARY CARETAKER:**

a. Name: \_\_\_\_\_  
b. Relationship: \_\_\_\_\_

a. \_\_\_\_\_  
Name

b. \_\_\_\_\_  
Relationship













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Have you ever:

- a. used drugs or alcohol before or during school?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- b. missed school because you were hung over?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- c. missed work because you were high or hung over?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- d. been told you should cut down or stop using drugs or alcohol?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- e. been in a program to get help for a drug problem?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- f. been in a program to get help for an alcohol problem?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- g. gotten into trouble (including this incident) for things you've done while you were using drugs or alcohol?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr

5. Have you ever been:

- a. at a party where alcohol was served?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- b. at a party where drugs were available?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- c. accused by your parents, teachers, or employer of being drunk or high?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- d. in a car where the driver or others were using drugs or alcohol?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr

Have any of you FRIENDS ever:

- a. asked you to get drugs or alcohol for them?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- b. tried to get you to drink or use drugs?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr
- c. been treated for drug or alcohol problems?     0=No   
     1=Month+   
     2=Past Mo.   
     3=Past&Bfr

7. How much money have you spent during the last month on:

- a. Alcohol     \$
- b. Drugs     \$

8. Do either of your parents or other members of your household have (or have had) a drug or alcohol problem?

Mother:     0=NO <input type="checkbox"/> 1=YES <input type="checkbox"/>	Father:     0=NO <input type="checkbox"/> 1=YES <input type="checkbox"/>
Brothers/Sisters:     0=NO <input type="checkbox"/> 1=YES <input type="checkbox"/>	Other Relatives:     0=NO <input type="checkbox"/> 1=YES <input type="checkbox"/>
Other Non-Related     0=NO <input type="checkbox"/> 1=YES <input type="checkbox"/>	

9. Are you permitted to drink at home (excluding small amounts on special occasions)?     0=NO   
    1=YES

10. Do you feel that you have drug/alcohol problems?     0=NO   
    1=YES

11. Would you like treatment or counseling for these problems?     0=NO   
    1=YES

12. Interviewer Severity Rating:     0=No Need   
    1=Minor   
    2=Moderate   
    3=Urgent

13. Confidence Rating:     0=NO   
    1=YES

Comments:  
 (Include the question number with your notes)

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## SECTION VIII: PSYCHO/SOCIAL ADJUSTMENT

Comments on Psycho/Social Adjustment:  
(Include the question number with your notes)

1. Have you ever been treated for an emotional problem by a psychiatrist, psychologist or other counselor? (If yes, specify name, company name and address in comments).	0=NO 1=YES	<input type="checkbox"/>									
2. Has there ever been a time (a few days or more) when you have:											
a. felt very unhappy, sad, depressed?	<input type="checkbox"/>	f. had trouble falling or staying asleep?	<input type="checkbox"/>								
b. felt worried, afraid, scared?	<input type="checkbox"/>	g. lost your appetite or worried about your weight?	<input type="checkbox"/>								
c. felt very lonely, all alone, isolated?	<input type="checkbox"/>	h. heard voices?	<input type="checkbox"/>								
d. felt like a failure or worthless?	<input type="checkbox"/>	i. seen things?	<input type="checkbox"/>								
e. had trouble controlling your anger?	<input type="checkbox"/>	<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <th colspan="4" style="padding: 5px;">SCALE</th> </tr> <tr> <td style="padding: 2px 5px;">0=No</td> <td style="padding: 2px 5px;">1=Month+</td> <td style="padding: 2px 5px;">2=Past Mo.</td> <td style="padding: 2px 5px;">3=Past&amp; Bfr.</td> </tr> </table>		SCALE				0=No	1=Month+	2=Past Mo.	3=Past& Bfr.
SCALE											
0=No	1=Month+	2=Past Mo.	3=Past& Bfr.								
3. Have you ever had serious thoughts of hurting yourself?	0=No Need 1=Minor 2=Moderate 3=Urgent	<input type="checkbox"/>									
4. Have you ever attempted suicide?	0=No Need 1=Minor 2=Moderate 3=Urgent	<input type="checkbox"/>									
5. Have you ever:											
a. had trouble making or keeping friends?	0=NO 1=YES	<input type="checkbox"/>									
b. had serious problems with your girlfriend/boyfriend?	0=NO 1=YES	<input type="checkbox"/>									
c. felt like no one really cared about you?	0=NO 1=YES	<input type="checkbox"/>									
d. gotten into trouble because of your friends?	0=NO 1=YES	<input type="checkbox"/>									
e. gambled?	0=NO 1=YES	<input type="checkbox"/>									
6. Do you think that you have emotional problems?	0=NO 1=YES	<input type="checkbox"/>									
7. Would you like counseling for these problems?	0=NO 1=YES	<input type="checkbox"/>									
8. Interviewer Severity Rating:	0=No Need 1=Minor 2=Moderate 3=Urgent	<input type="checkbox"/>									
9. Confidence Rating:	0=NO 1=YES	<input type="checkbox"/>									

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1. Have you ever had a serious relationship (boyfriend or girlfriend)? 0=NO  
1=YES

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2. Are you currently involved in a serious relationship? 0=NO  
1=YES

---

a. If yes, are you unhappy or dissatisfied with this relationship? 0=NO  
1=YES

---

3. Have you ever had sex? <<If no, skip to question#11>> 0=NO  
1=YES

---

4. How old were you when you first had sex? YEARS

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5. How many sexual partners have you had in the last six months?

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6. Have you ever had sex without using precautions? 0=NO  
1=YES

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7. How about in the last six months? 0=NO  
1=YES

---

8. What methods of protection do you currently use:

- |  |   |
|--|---|
| a. Nothing <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span>    | e. Condom <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span>  |
| b. Withdrawal <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span> | f. Implant <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span> |
| c. Diaphragm <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span>  | g. Other <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span>   |
| d. B. C. Pill <span style="float: right;">0=SOME<br/>1=EVERY <input type="checkbox"/></span> | (Specify in comments)   |

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9. Have you ever had a sexually transmitted disease (like gonorrhea, clap, VD, etc.) 0=NO  
1=YES

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10. a. <FEMALE>Have you ever been pregnant? 0=NO  
1=YES

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b. <MALE>Have you ever gotten somebody pregnant? 0=NO  
1=YES

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11. Have you been taught about avoiding HIV/AIDS? Can you tell me how someone can avoid getting AIDS? (Specify in comments)

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12. Have you ever been abused:

- a. Physically? 0=NO  
1=YES
- b. Sexually? 0=NO  
1=YES
- c. If yes, was the incident investigated? 0=NO  
1=YES
- d. Have you ever physically or sexually abused someone else? 0=NO  
1=YES

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13. Have you ever seriously considered calling the police because of the way members of your household were acting? (If yes, specify in comments). 0=NO  
1=YES

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14. Have you ever been forced/pressured into having sex? 0=NO  
1=YES

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a. If no, have you ever been touched in a way that you did not like? 0=NO  
1=YES

---

b. Have you ever forced/pressured someone into having sex? 0=NO  
1=YES

---

15. If 12, 13, 14 or 14a is YES, are you currently in a relationship where this is happening? 0=NO  
1=YES

---

16. Do you need help/counseling on the above subjects? 0=NO  
1=YES

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17. Interviewer Severity Rating: 0=No Need  
1=Minor  
2=Moderate  
3=Urgent

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18. Confidence Rating 0=NO  
1=YES

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19. Comments on Personal Relationships: (Include the question number with your notes)

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