 

**Medi-Cal Eating Disorders Quick Guide**

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| **Health Plan** | **Medi-Cal Specialty Mental Health Services** | **Medi-Cal Managed Care Plan Behavioral Health Services** |
| **Aetna Better Health**  **AetnaBetterHealth.com** | San Diego Access & Crisis Line (888) 724-7240 | Aetna Better Health (855) 772-9076 |
| **Blue Shield CA Promise Health Plan**  **Blueshieldca.com/promise** | San Diego Access & Crisis Line (888) 724-7240 | Blue Shield CA Promise Health Plan (855) 321-2211 |
| **Community Health Group**  **Chgsd.com** | San Diego Access & Crisis Line (888) 724-7240 | Behavioral Health Services (800) 404-3332 |
| **Health Net**  **HealthNet.com** | San Diego Access & Crisis Line (888) 724-7240 | Managed Health Network (MHN) (888) 426-0030 |
| **Kaiser Permanente**  **KP.org** | San Diego Access & Crisis Line (888) 724-7240 | Kaiser Permanente, Department of Psychiatry (877) 496-0450 |
| **Molina Healthcare**  **MolinaHealthcare.com** | San Diego Access & Crisis Line (888) 724-7240 | Molina Healthcare (888) 665-4621 |
| **United Healthcare**  **Uhccommunityplan.com** | San Diego Access & Crisis Line (888) 724-7240 | United Healthcare (866) 270-5785 |

Medi-Cal beneficiaries can additionally access a County Behavioral Health program directly.

For emergencies call 911 or the Access & Crisis Line at (888) 724-7240.

# Medi-Cal Specialty Mental Health Services

County Behavioral Health Services covers inpatient and outpatient **Medi-Cal Specialty Mental Health** services to all Medi-Cal beneficiaries including those on a Medi-Cal Managed Care Plan. Covered benefits are for clients with serious and persistent psychiatric illness requiring complex biopsychosocial services in order to maintain stability. These services are commonly provided by San Diego County’s contracted network and inpatient psychiatric hospitals. For children and youth up to the age 21, a lower threshold of severity (as defined by EPSDT) is applied.

# Medi-Cal Managed Care Plan Behavioral Health Services

Medi-Cal Managed Care Plans cover behavioral health services for members who do not qualify for **Specialty Mental Health** covered by the County. Each Medi-Cal Managed Care Plan has their own network of contracted behavioral health providers.

# Eating Disorders (Anorexia and/or Bulimia)

* Medi-Cal Managed Care members with a serious Eating Disorder who are likely to require specialized treatment are covered by the County Mental Health Plan for their behavioral health services, and the Medi-Cal Managed Care Plan for their physical health benefits.
* Medi-Cal Managed Care members with an Eating Disorder who appear to not be at imminent risk of hospitalization or in imminent need of specialized long term treatment are covered by their Medi-Cal Managed Care Plan for their physical care and outpatient behavioral health treatment (Managed Care Plans cover outpatient treatment for a Mild to Moderate mental health condition).



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**Medi-Cal Managed Care Coverage Guide**

**Inpatient Treatment for Eating Disorders**

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| **Payor** | **Coverage** |
| **Services provided by the County Mental Health Plan**   * Contact the San Diego County Access & Crisis Line at (888) 724-7240 * A member may access a County Behavioral Health Program directly * For a psychiatric emergency, call 911 and ask for PERT | Medi-Cal Managed Care members admitted to a psychiatric hospital are covered by the County Mental Health Plan. The Mental Health Plan is responsible for the following:   * Psychiatric Hospital facility charges * Behavioral Health professional charges * Follow up with an outpatient mental health provider   Medi-Cal Managed Care plans cover all medically necessary physical health treatment for members who are admitted to psychiatric hospital covered by the Mental Health Plan. Examples of services covered by the Medi-Cal Managed Care Plan include the following:   * History & Physical * Physical health consults * Dietary evaluations * Physical & Occupational Therapy * Transportation |
| **Services provided by the Medi- Cal Managed Care Health Plan**   * Below are the Medi-Cal Managed Care Plans Behavioral Health Department numbers to assist with coordinating care. * Transportation to Medi-Cal Covered Services are provided by the Medi-Cal Managed Care Plans. | Medi-Cal Managed Care members admitted to an acute medical hospital for an Eating Disorder (EDO) are covered by their Medi-Cal Managed Care. The Medi-Cal Managed Care Plan is responsible for the following:   * Acute medical hospital facility charges * All physical health related ancillary services * Transportation   County Mental Health Plan covers the following when a Medi-Cal Managed Care member is admitted to an acute medical hospital for a EDO:   * Psychiatric consult * Psychiatric treatment while in the acute medical hospital * Outpatient behavioral health follow up |

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