



## Presumptive Transfers to San Diego County

To:  
County of jurisdiction:  
Beneficiary name:  
Inquiry received:  
Response date:

Optum Public Sector, the third party administrator representing San Diego County Behavioral Health Services Mental Health Plan (MHP), received an inquiry regarding accessing behavioral health services in San Diego County. Our network of service providers are trained to determine who may be eligible for Specialty Mental Health Services based on medical necessity criteria for out of county foster youth under a presumptive transfer (AB1299).

For out of county foster youth under presumptive transfer needing to access services in San Diego, any representative on behalf of the beneficiary may utilize the resources below. Upon linking the beneficiary with a provider, necessary person specific information may be directly communicated and exchanged between the San Diego provider and the MHP in the county of original jurisdiction with appropriate releases.

- **The San Diego Access and Crisis Line- 7 days a week, 24 hours a day (888) 724-7240**  
Master's-level and licensed clinicians offer community resources, mental health referrals, substance use treatment referrals, suicide prevention and crisis intervention. A flyer you may make available to the beneficiary and/or their family may be accessed here:  
<https://www.optumsandiego.com/content/sandiego/en/access---crisis-line.html>
- The San Diego Provider Resource Manual outlines local organizational providers for Children, Youth, and Families; it may be accessed directly at:  
<http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRM January2017.pdf>

If the beneficiary/caregiver experiences any difficulty accessing behavioral health services, the beneficiary may contact the Access and Crisis Line. Representatives from the county of jurisdiction may contact Optum for any additional information.

### Optum San Diego Public Sector

T: 1.800.798.2254, option 4

F: 1.866.220.4495

[www.optumsandiego.com](http://www.optumsandiego.com)

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